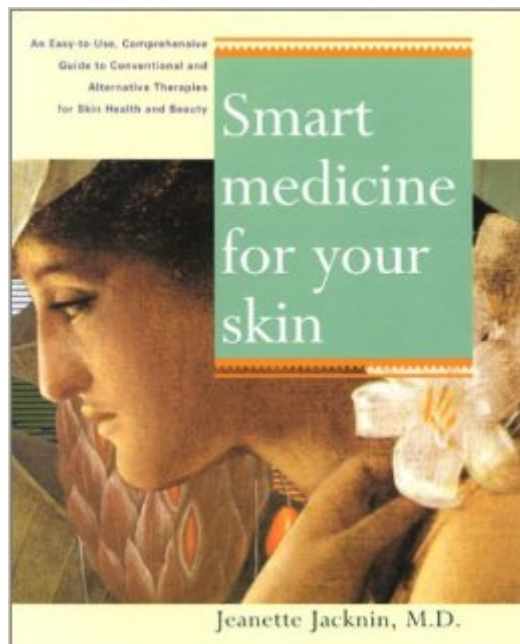


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# Smart Medicine For Your Skin: An Easy Use Comph GT Undrstdg Conventional Alt Therapies Heal Common Skin Proble



## Synopsis

An easy-to-use, comprehensive guide to conventional and alternative therapies for skin health and beauty.

## Book Information

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Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (7 customer reviews)

Best Sellers Rank: #1,599,769 in Books (See Top 100 in Books) #91 in [Books > Health, Fitness & Dieting > Beauty, Grooming, & Style > Skin Care](#) #322 in [Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Skin Ailments](#) #24567 in [Books > Health, Fitness & Dieting > Alternative Medicine](#)

## Customer Reviews

"Smart" is the word for this accurate, balanced dermatology guide that presents both traditional therapies and alternative medicine choices. Written for health care professionals, yet suitable for individuals who want to take charge of their own health, this is an excellent resource for skin care. Smart Medicine for Your Skin is immediately useful and accessible. As a family doctor, I refer to it frequently for conventional allopathic treatment modalities. What I like most however, is that it gives me multiple alternative therapies that I can review with patients. The explanations are easy to understand and my patients like to have choices. As a bonus, the reference section provides in-depth resources for further explanations, classified by condition. This section also provides helpful listings of manufacturers, publishers and organizations all easily accessible within the framework of this one book. It belongs on my bookshelf and I recommend it for yours. Harriet Schanzer, M.D.

Dr. Jacknin has written a thoroughly user-friendly guide to the common skin and nail ailments faced by everyone at some point in his or her life. The information is presented in layman terms with explicit definitions and descriptions which allow the reader to pinpoint his or her own areas of

concern. That information along with Dr. Jacknin's objective delineation of treatments available gives the reader the opportunity to make an informed decision about management of a skin or nail problem. This book is an excellent reference which should be alongside the medical encyclopedia in every home.

This beautiful and beautifully-written guide to skin care and common dermatologic problems provides a wealth of conventional and complementary treatment approaches. Written in terms easily understandable to the layperson, the book is comprehensive and informative. Dr. Jacknin translates medical concepts into very understandable lay terms and is thorough in her explanations.

"Smart Medicine for your Skin" written by Dr. Jeanette Jacknin is a highly readable and comprehensive book. It guides the reader in conventional and homopathic treatments with clear explanations and remedies. Detailed instruction for your hair, skin and nails, diagnosis procedures and stress reduction is a "must" for all who are interested in maintaining health. This is a great book.

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